



TODAY'S CELEBRITY BIRTHDAYS include: singer Stacy "Fergie" Ferguson (The Black Eyed Peas), 32, right; singer Mariah Carey, 37; and director Quentin Tarantino (Pulp Fiction), 44. SOURCE: famousbirthdays.com



RAP STAR EMINEM and ex-wife Kim Mathers have agreed not to criticize each other in public. The decision follows a hearing in which the couple agreed that insults could prove harmful to daughter, Hailie. Associated Press

Accidental drug overdose killed Smith, authorities say

Ex-Playmate had been taking many medications

Playboy Playmate Anna Nicole Smith died of an accidental overdose of a sleeping medication and at least eight other prescription drugs and she had a bacterial infection from injecting drugs into her buttocks, authorities in Florida said yesterday.

Broward County Medical Examiner Joshua Perper said Smith died of "combined drug intoxication" with the sleeping medication chloral hydrate as the major factor. She had been taking a lengthy list of medications, including methadone for pain and Valium, he said.

A bacterial infection from injecting medication in her buttocks and a viral infection contributed to her death, the autopsy report said.

Chloral hydrate is a sedative used to treat insomnia and alcohol withdrawal, re-



Anna Nicole Smith died of an overdose of sleeping medication and prescription drugs.

lieve anxiety and ease post-surgery pain. Smith had been on several antidepressant and anti-anxiety drugs. The detailed autopsy showed no evidence of disease.

"We found nothing to indicate any foul play," said Chief Charlie Tiger of the Seminole police.

ASSOCIATED PRESS

Shopaholic is back, baby!

Latest book in series explores pregnancy

Stella McCartney's line for Target sold out in 20 minutes in Sydney, Australia, and fist fights broke out at the cash.

Are shoppers out of control?

There could be volumes written on shopping disorders — for instance shopping bulimia: shop one day, purge the next and many happy returns. Or anorexia: shopping until the house is full of goods, price tags intact.

Brit author Sophie Kinsella's four Shopaholic books topped international best-seller lists with recently released No. five, Shopaholic & Baby, set to follow.

Film rights have been sold to the first, Confessions of a Shopaholic, which introduced lovable spendthrift Becky Bloomwood, a new version of Bridget Jones. But instead of obsessing about



Sophie Kinsella is author of the Shopaholic series of books.

the size of her thighs and obsesses about the size of her Visa bill, which she ignores by filing her statements under her bed.

Kinsella is sporting a fabu-

lous Jimmy Choo zebra-striped bag.

Kinsella loves Prada and Marc Jacobs as much as Becky does, but pays her Visa bill. Or rather, Becky pays Kinsella's Visa.

Fortunately, Kinsella's heroine Becky is bailed out by her new hubby, public relations magnate Luke Brandon (Shopaholic Ties the Knot) and she is expecting their first child, which necessitates shopping for multiple prams. Why buy one when five is such a lovely number?

"The pram is major for all prospective parents — like the bag, which is the ultimate accessory," says Kinsella, 37, mother of Oscar, 18 months; Hugo, 9; and Freddy, 10.

"The story won't inspire people to overshop," Kinsella insists. "The message is that it's okay to screw up, just don't give up and wallow. Try to marry a millionaire — it would help.

"Becky does get into messes and doesn't get funded. Shop, shop, shop and that's what happens ... She has great intentions and a great sense of humour, is warm and loving, and has great determination and optimism."

TORSTAR NEWS SERVICE

ENTER TO WIN
A VAN WILDER EUROPEAN ADVENTURE!
AT WWW.METRONEWS.CA

THE LEGEND IS GROWING.

ONE LUCKY GRAND PRIZE WINNER WILL RECEIVE:

- A Contiki European Magic Holiday for TWO: Visit 7 countries in 11 days!
- A 3 Piece Heys Luggage Set (The xcaseXL® - The World's Lightest Luggage Set)

SECONDARY PRIZES

- Win 1 of 10 VAN WILDER: The Rise of Taj DVDs

NOW ON DVD

contiki

metro

ALLIANCE ATLANTIC

No purchase necessary. Contest closes April 27, 2007. Contest open to all Canadian residents who are the age of majority or older in the province in which they reside, excluding all residents of the province of Quebec. Odds of winning depend on number of entries received. Approx. retail value of grand prize is \$8,000. Approx. retail price of each DVD, \$38.95. For full contest rules visit www.metronews.ca. © 2007 Bauer Martinez Entertainment. All Rights Reserved. Distributed exclusively in Canada by Motion Picture Distribution LP. All Rights Reserved.

City Cooks

with Simi Sara

WATCH CITYCOOKS TODAY AT 6 PM FOR THIS RECIPE

Recipes

ADD THIS!
Kamal Mroke India Bistro

Ingredients:
4 boiled potatoes
Japanese bread crumbs
salt & pepper to taste
cooking oil

Directions:
1. Boil potatoes in pot.
2. Peel the potatoes and mash them. Add salt and pepper to taste. Add breadcrumbs to this mixture.
3. Roll the mixture into small patties (size of a hockey puck). Place them on wax paper in a tray.
4. Heat a pan. Add 2 tbsp of frying oil to pan. When oil is hot, place patties in pan and brown them on both sides.
5. Pre-heat oven to 325F. Place patties in oven to finish cooking them.
6. Serve them hot with mint chutney, tamarind chutney and yogurt on the side.

SEAFOOD COCONUT CURRY

Ingredients:
1 lb prawns
1 lb mussels
1 lb fish (cod)
1 can coconut milk
2 yellow onions
2 curry leaves (or bay leaves)
1 tsp turmeric powder
cumin powder
1 tsp coriander powder
salt & pepper to taste
vegetable oil

Directions:
1. Heat oil in pan. Add curry leaves.
2. Once oil begins to sizzle, add onions.
3. Once onions begin to brown, add turmeric, coriander, cumin, salt & pepper.
4. Add coconut milk and simmer for about 20 minutes.
5. Strain the sauce and add chopped cod, prawns and mussels to it. Simmer until seafood is cooked.
6. Serve with basmati rice.

metro Vancouver

For more recipes go online to www.citytv.com/citycooks

Citytv